



COUNTRY SPECIFIC KIT



MENTOR ME
PROJECT







BULGARIA

COUNTRY SPECIFIC KIT - BULGARIA

ORGANISATIONS WHICH HAVE ACCESS TO THE TARGET GROUP

Name of Organization	Aims of the Organization	Address	Website	Contact Person (Name, Email and Phone)
 Bulgarian Helsinki Committee	The programme offers legal consultations, representation and attorney defense; takes part in the development of the refugee and immigration policy of Bulgaria; and assists the integration of refugees in Bulgaria, as well as for their dignified return to their countries of origin. The programme offers free specialized legal consultations.	ulitsa "Uzundzhovska" 1, 1000 Sofia, Bulgaria	Bulgarian Helsinki Committee Website	Phone: +359 2 981 3318 +359 2 980 2049 Email: refunit@bghelsinki.org
 Bulgarian Red Cross	BRC supports vulnerable people in disasters and crises and contributes to the alleviation and prevention of suffering in all its forms, protects health and life and ensures respect for the human person. The BRC also assists refugees by providing financial assistance, support for education of children (e.g. funds for lunch and school supplies), university fees, medical and psychiatric care.	76 James Boucher Blvd.1407 Sofia	Bulgarian Red Cross Website	Phone: 02/843 10 47 <i>for first aid courses for Sofia city (61 Dondukov Blvd)</i> Phone: 02/81 64 700 <i>for security and information</i> Phone: 02/963 20 00; 02/81 64 777 - on duty at the central round-the-clock post of the Mountain Rescue Service Phone: 08001 1466 - Contact center for support Email: info@redcross.bg <i>For signals to the Bulgarian Red Cross</i> Email: pressoffice@redcross.bg <i>Press center</i> Email: e.stoycheva@redcross.bg <i>Contact the website administrator</i>

Name of Organization	Aims of the Organization	Address	Website	Contact Person (Name, Email and Phone)
 <p>Council of Refugee Women in Bulgaria</p>	<p>- Helps all refugees and asylum seekers in the process of their integration in Bulgarian society. Works in the areas of Social Mediation, Humanitarian Aid, Psychological Support, Lobbying and Advocacy. Organize and conduct internal team training, specific guidance for professionals and support individual cases through diverse advocacy activities.</p>	<p>Sofia, 95 Ekzarh Yosif St.- <i>central office</i> 50 Ekzarh Yosif Str - <i>office for working with Ukrainian citizens</i> 51 Iskar Str - <i>humanitarian aid storage</i></p>	<p>CRW Website</p>	<p>Email: office@crw-bg.org Phone: +359 878 136 231 +359 878 136 321 +359 876 766 588</p>
 <p>Bulgarian Council on Refugees and Migrants</p>	<p>The Bulgarian Council on Refugees and Migrants (BCRM) works to ensure the sustainable role of the civil society organizations in the system for protection, reception and integration of refugees and migrants in Bulgaria.</p>	<p>Office 118, 1st floor, 76 James Boucher Blvd. 1407, Sofia, Bulgaria</p>	<p>BCRM Website</p>	<p>Phone: +359 2 427 17 43 Email: bgrc@bulrefcouncil.org Contact person: Kina Sabeva</p>
 <p>Caritas Bulgaria</p>	<p>Social assistance to asylum seekers</p>	<p>9, Oborishte St., 1000, Sofia, Bulgaria</p>	<p>Caritas Website</p>	<p>Phone: (2) 944 18 73 Contact person: Emanouil Patashev Email: e.patashev@caritas.bg</p>
 <p>Bulgarian Lawyers for Human Rights Foundation (BLHR)</p>	<p>Provides legal assistance and strategic litigation related to specific, repeated violations of human rights as Bulgarian and international courts and revealing inconsistency of the Bulgarian legislation and case law with international standards.</p>	<p>Gurko St., 49A floor 3, 1000, Sofia, Bulgaria</p>	<p>BLHR Website</p>	<p>Phone: +359 885 787 209 Email: hrlawyer@blhr.org</p>

Name of Organization	Aims of the Organization	Address	Website	Contact Person (Name, Email and Phone)
 <p>Center for Legal Aid Voice in Bulgaria Center for Legal Aid – Voice in Bulgaria</p>	<p>Promote and defend the rights of migrants, refugees and asylum seekers and other vulnerable groups on the territory of Bulgaria, by providing legal aid, pro bono legal consultations and conducting advocacy. Provide free legal consultations and hold group information sessions for foreign nationals held in detention in Bulgaria.</p>	<p>5B, Triaditsa Str., fl.2 , office 2261000 Sofia, Bulgaria</p>	<p>Center for Legal Aid Website</p>	<p>Phone: +359887470742 Email: voiceinbulgaria@gmail.com</p>
 <p>Foundation for Access to Rights - FAR</p>	<p>Provide legal aid to migrants, refugees, asylum seekers and stateless people in situations revealing systemic problems in access to rights where the solution of these problems would lead to enhanced social justice. Provide legal consultations, written opinions and assistance, procedural representation before judicial and administrative bodies.</p>	<p>1582, Sofia, Bulgaria</p>	<p>FAR Website</p>	<p>Phone: +359 888401489 Email: office@farbg.eu</p>
 <p>International Organization for Migration Bulgaria</p>	<p>Assisting migration; Counteracting trafficking in human beings; Providing support for the integration of third-country nationals legally residing in Bulgaria, including beneficiaries of international protection; Support for migrants; Provision of social, psychological and legal assistance.</p>	<p>77 Tzar Asen str., 1463, Sofia, Bulgaria</p>	<p>IOM Website</p>	<p>Phone: +359 (2) 93 94 774 Email: iomsofia@iom.int</p>

NATIONAL VOLUNTARY SERVICES

Name of Voluntary Service	Target group (Age)	Law referring to the Voluntary Service	Characteristics of Voluntary Service (duration, age, language requirements)
prACTice Internship & Job in Blagoevgrad at Active Bulgarian Society <u>For more info, check the link here</u>	Current students and graduates: 18-30 years old	ESC - European Solidarity Corps	6 months; 18-30 years old
NART <u>For more info, check the link here</u>	8-30 years old	ESC - European Solidarity Corps	1 week; 8-30 years old, ready to work with kids at risk, knowledge of English language with at least level B2
ACTivism for Human Rights! <u>For more info, check the link here</u>	volunteers who have an attitude towards democracy and human rights	ESC - European Solidarity Corps	12 months; participants from Austria, Belgium, Cyprus, Czech Republic, Germany, Denmark, Estonia, Greece, Spain, Finland, France, Croatia, Hungary, Ireland, Iceland, Italy, Liechtenstein, Lithuania, Luxembourg, Latvia, Malta, Netherlands, Norway, Poland, Portugal, Romania, Sweden, Slovenia, Slovakia

NETWORKS OF ORGANISATIONS OR PLATFORMS THAT IMPLEMENT AND PROMOTE VOLUNTARY SERVICES

Name	Description	Funded by	Website	Contact	Does this organization / institution include European programmes (ESC, Eurodesk)
National Alliance for Volunteer Action (NAVA)	The main activities of the organization are: recruitment of volunteers for different social directions, training of volunteers in skills for communication with different groups with special needs, motivating and supervising volunteers and maintaining the network of Volunteer Centres around Bulgaria.		NAVA Website	Phone: 00 359 32 625-197 Phone: 00 359 898 331-904 Emails: nava.plovdiv@gmail.com nina_laskova@yahoo.com renetaveneva@yahoo.com	Yes
International Foundation for Y-PEER Development (IFYD)	Supports the Y-PEER international network, links institutions, non-governmental organizations and young people by developing innovative training programs, creating platforms for networking and collaboration, working in the field of peer and non-formal education aimed at empowering and building the capacities of young people	Erasmus+ and the European Solidarity Corps programs	IFYD Website	Phone: +359 2/954-6666 Email: petri.bulgaria@gmail.com	Yes
Institute Perspectives	Provide, through the methodology of non-formal learning, opportunities to participate in innovative educational forms developing key competences	Co-funded by Erasmus+ program 2021-2027	Institute Website	Phone: +359 87 986 6850 Email: press@institute-perspectives.com	Yes

SERVICES, INSTITUTIONS IMPORTANT FOR DAILY LIFE AS THIRD COUNTRY NATIONAL

ADMINISTRATIVE NEEDS

Visa for Bulgaria	Information on Bulgarian visas and application forms	More info about BG visa More info about visa application
Civil registration	General Information	Find the link here
	Ministry of Foreign Affairs	Find the link here
Asylum Procedure	General Information	Find the link here

HEALTH INSURANCE

Public	National Health Insurance Fund	Find the link here
Private	Bupa	Find the link here
	Pacific Prime	Find the link here

HOUSING

Housing Information

[Find the link here](#)

POST

Bulgarian Posts

[Find the link here](#)

LANGUAGE SUPPORT

[Find the link here](#)

SERVICES, INSTITUTIONS IMPORTANT FOR DAILY LIFE AS THIRD COUNTRY NATIONAL

BANK

UniCredit Bulbank	Find the link here
DSK Bank	Find the link here
United Bulgarian Bank	Find the link here
Eurobank Bulgaria (Postbank)	Find the link here

EMERGENCY & HEALTH SERVICES

POLICE: 112

FIREFIGHTERS: 112

AMBULANCE: 112

ON-CALL DOCTOR: [Find the link here](#)

MENTAL HEALTH SERVICES

Counselling: Therapy and counseling, [find the link here](#)

Psychologists: Therapy Route, [find the link here](#)

PERSONAL SUPPORT SERVICES

Support against discrimination	Commission for Protection Against Discrimination	Find the link here
Support against gender violence	Organizations index	Find the link here
Support for victims of criminal offences		Find the link here
Support for addictions	Bulgarian National Drugs, Alcohol and Gambling Helpline	Find the link here Phone: 0888-991-866

MENTORING PROGRAMMES

FOR YOUNG REFUGEES OR INTERNATIONAL VOLUNTEERS

Name of Organization	Aims of the Organization	Website	Contact Person (Name, Email and Phone)
<p>Tulip Foundation</p> <p>"Talk with me: young voluntary language mentors for young refugees"</p>	<p>Tulip Foundation has a mission to encourage social responsibility in Bulgarian society by enhancing co-operation among civil society, the corporate sector, national and local authorities to improve the quality of life and developmental opportunities for the people /devised a European project format for a language mentoring programme, in which young volunteers and young refugees meet on a regular one-to-one basis and talk to each other in a relaxed, informal setting.</p> <p>The overall aim of this project is to improve the integration of refugees in different European countries and to support volunteers who are working with refugees across Europe.</p>	<p>1 Reka Osam St., floor 1, ap. 2, 1124, Sofia, Bulgaria</p>	<p>Tulip Foundation Website</p> <p>Link for Voluntary Mentors</p>



pistes solidaires



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